# interreg Greece-Bulgaria RemoteCARE 

## Deliverable 5.3.3- Pilot operation

REPORT
FOR THE PERFORMED ACTIVITY
UNDER PROJECT 1819 REMOTE HEALTHCARE SERVICE PROVISION,

Acronym "RemoteCARE", INTERREG V-A "Greece - Bulgaria, 2014-2020".

After the assembly of the Mobile Health Care System, its operation begins, which is met with great impatience by the population of remote settlements. People in these small villages are mostly elderly and do not have the opportunity to travel to Petrich and Sandanski to receive medical care and even preventive examinations. For the duration of the entire project, over 4,000 medical examinations were performed.

Only for the period from September 2022, until March 2023, more than 1000 examinations were carried out with the Mobile Health Care System on the spot in populated areas of Petrich municipality and Sandanski municipality by a team consisting of two doctors, two nurses and drivers.

The medical team that conducted the examinations has professional experience and experience in serving hospitalized
patients in the department of cardiology, neurology and infectious diseases.

The acquired experience and seniority of the team made it possible to organize and carry out an examination of 1091 patients from the population of 57 villages (Sep-March).

The average age of the examined patients was 67 years, one third of them were men, two thirds were women, some of them had difficulty moving.

The examined patients have AH , chronic congestive heart failure, valvular pathologies, ischemic heart disease, rhythm and conduction disorders, cerebrovascular diseases, urological, nephrological, eye and traumatological problems.

Approximately 85\% had at least one comorbidity and 15\% had no comorbidities.

Approximately $90 \%$ specified on-site therapy, $5 \%$ referred to a specialist, and 5\% for hospitalization.
31.03.2023 Dr. Ivan Hadjiivanov

































