

# REDUCING ACCESS INEQUALITIES IN PRIMARY HEALTHCARE FOR SOCIALLY SIGNIFICANT DISEASES AT CB AREA'S DEPRIVED COMMUNITIES

**EQUAL2HEALTH**

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**Interreg**  
Greece-Bulgaria



European Regional Development Fund

# GENERAL OBJECTIVE OF EQUAL2HEALTH

- **Reduce health inequalities in CB area by protecting citizens from socially significant diseases, promoting health prevention, foster supportive environments for healthy lifestyles and encouraging innovation in health.**
- The CB area includes some of the most deprived and isolated communities (mountainous and rural) of both countries with high Health inequalities that are shaped by the inequalities in availability, access and quality of services, due to economic, linguistic, cultural and even gender-based barriers



**BULGARIA**

Haskovo

Blagoevgrad

Smolyan

Kardjali

Evros

Drama

Xanthi

Rodopi

Serres

Kavala

Thessaloniki

**GREECE**

# THE PROJECT FOCUSES ON

- ➔ • Main non-communicable diseases (NCDs) mainly cardiovascular, pulmonary and metabolic diseases
- ➔ • Psychiatric (mental) diseases (mainly depression and anxiety)
- ➔ • Neurological diseases (mainly dementia and headaches)

All categories are related to deprivation, poverty, inequality and other social and economic determinants of health.

# OUTPUT INDICATORS

ID	INDICATOR	UNIT
C036	POPULATION COVERED BY IMPROVED HEALTH SERVICES	110.000
C0204	NUMBER OF HEALTH CARE INSTITUTIONS REORGANIZED, MODERNIZED OR REEQUIPPED	3

Partnership	Nationality	Budget (euro)
Lead Partner PHT	Greece	243,580.20
Cardiology Society of Northern Greece	Greece	154,845.00
Intermunicipal Agency of Western Countryside of Thessaloniki 'Nefeli'	Greece	197,000.00
Regional Health Insurance Fund - Smolyan	Bulgaria	99,617.50
Multispecialty Hospital for Active Treatment Devin JSC	Bulgaria	297,417.30
Diagnostic and Consulting Center "Aleksandrovska" Ltd	Bulgaria	203,725.00
Total amount		1,196,185.00

# THE MAIN DELIVERED OUTPUTS OF “EQUAL2HEALTH” PROJECT

- **1 joint “Observatory”** equal2health for socially significant diseases” in CB area
- **2 Mobile Units** for providing medical exams and prevention awareness campaign in all CB area.
- **2 Pilot Actions** in deprived & isolated communities (1 in Roma community in Diavata Thessaloniki, 1 in Mountainous/rural isolated area of Devin Municipality in Rhodopi mountain).
- **Awareness campaign** to main target population and to Medical Staff and Authorities (workshops, conferences, events)
- **Policy recommendations** on reducing health inequalities and dealing with the common and socially significant diseases.



## LEAD BENEFICIARY: PHT

- **Project Management & Coordination**: Preparation Activities, Monitoring & Coordination (Reports) , Project Meetings (1 kick-off, 6 interim, 1 final)
- **Communication & Dissemination**: Participation in National Conferences, Participation in Work-shops & Scientific events in the Programming area
- ➔ • **Establishment of the CB "Observatory equal2health" for socially significant diseases** in Thessaloniki,
- ➔ • **15 trips with the Mobile Unit in GR CB area**
- ➔ • **Rapid literature review and study of the impact of Covid-19 to mental health**



## PB2: CARDIOLOGY SOCIETY OF N.GREECE

- Monitoring & Coordination (Reports), Project Meetings (1 kick-off, 6 interim, 1 final)
- Organization of GR National Conference, Organization of Work-shops & Scientific events in the GR Programming area, Participation in National Conferences, Participation in Work-shops & Scientific events in the Programming area
- ➔ • Analysis of current situation in health inequalities for socially significant diseases in GR CB area,
- ➔ • Support on Operation of the "Observatory equal2health" in Thessaloniki
- On-going evaluation of short-term results on health of Thess pilot action community population
- ➔ • Recommendations on policies, programs and action plans in GR CB areas



## B3: INTERMUNICIPAL AGENCY OF WESTERN COUNTRYSIDE OF THESSALONIKI 'NEFELI'

- Monitoring & Coordination (Reports), Project Meetings
- Communication material and tools
- Participation in National Conferences
- Participation in Work-shops & Scientific events in the Programming area
- Establishment of “equal2health Network” in GR CB area
- ➡ • Operation of “Thess Pilot Local Center for equal2health in **SO**cially **S**ignificant **D**iseases **C**ontrol and **P**revention – **SOS DCP**” in Diavata-Thessaloniki
- ➡ • Impact Assessment of equal2health project



# B4:REGIONAL HEALTH INSURANCE FUND OF SMOLYAN

- Monitoring & Coordination (Reports), Project Meetings (1 kick-off, 6 interim, 1 final)
- Communication material and tools
- **Organization & Participation** in National Conferences , Organization of Work-shops & Scientific events in the BG Programming area
- ➔ • **Web Page (EN, GR, BG) & Social media (fb/tw/inst etc)**
- Analysis of current situation in health inequalities for socially significant diseases in BG CB area
- ➔ • **Antenna Office of "Observatory equal2health" in Bulgaria**
- Support of Operation “DEVIN-Pilot Local Center for Socially Significant Diseases Control and Prevention – SOS DCP”
- On-going evaluation of short-term results on health of Devin pilot action community population
- ➔ • Recommendations on policies, programs and action plans in BG CB areas



# B5: MULTISPECIALTY HOSPITAL FOR ACTIVE TREATMENT DEVIN JSC

- Preparation Activities , Monitoring & Coordination (Reports), Project Meetings (1 kick-off, 6 interim, 1 final)
- Production of communication material and tools
- Participation in National Conferences
- ➡ • Mobile Unit "Observatory - equal2health " in BG CB area
- ➡ • Operation of “Devin Pilot Local Center for equal2health in SOcially Significant Diseases Control and Prevention – SOS DCP” in Devin



# B6:DIAGNOSTIC AND CONSULTING CENTER “ALEKSANDROVSKA” LTD

- Preparation Activities
- Monitoring & Coordination (Reports)
- Project Meetings (1 kick-off, 6 interim, 1 final)
- Participation in National Conferences
- ➔ • Scientific Support on Operation of “Devin Pilot Local Center for equal2health in **SO**cially **S**ignificant **D**iseases **C**ontrol and **P**revention – **SOS DCP**” in Devin

# WHERE DO WE STAND NOW?



# SUMMARY OF THE PROJECT'S ACHIEVEMENTS SO FAR

- 8 MONTHS EXTENSION
- KICK-OFF MEETING AND 4 IPMs
- 2 WORKSHOPS WERE IMPLEMENTED
- LEAFLETS, BROCHURES, TV SPOTS, WEBSITE, SOCIAL MEDIA DELIVERED
- OPERATION OF THE OBSERVATORY -5 TRIPS
- OPERATION OF SOS DCP CENTERS (IN DIAVATA AND IN DEVIN)

# VERIFIED EXPENDITURES

BENEFICIARIES	COUNTRY	PERCENTAGE OF PAYMENTS	PERCENTAGE OF VERIFIED EXPENDITURE
LB	GREECE	72,4%	32,10%
B2	GREECE	51,58%	0%
B3	GREECE	80,9%	21,12%
B4	BULGARIA	32,9%	27,30%
B5	BULGARIA	38,93%	29,94%
B6	BULGARIA	83,28%	74,13%

# ACHIEVEMENTS

About **4000** visits so far (target 5000 visits)





# OBSTACLES AND PROBLEMS TO OVERCOME

- CHANGES IN PARTNERSHIP
- LENGTHY PROCUREMENT PROCEDURES
- COVID 19 HEALTH PANDEMIC-PROTECTION MEASURES AND LAW RESTRICTIONS

OPTIMIZE THE COOPERATION BETWEEN MEDICAL STAFF,  
LOCAL AUTHORITIES AND THE POPULATION IN NEED



THANK YOU FOR YOUR ATTENTION  
ANY QUESTIONS??

